



VOLLIE SANDERS has served with The Navigators' Women's Ministries, edifying, encouraging, and equipping women to know Christ and to make Him known. As national director, Vollie led in the training of women throughout the United States, equipping them to be fully involved in personal discipleship and ministry. Currently, she works with "Traveling Teams" conducting one-day seminars in local churches designed to help women develop disciple-making relationships. Vollie and her husband Darrell have three children and five grandchildren.

Train Up a Mom *A Bible Study for Mothers*

By Vollie Sanders



Being a godly mother doesn't happen automatically - it takes training. This book shows the way.

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96 pages

MOTHERHOOD 101

As mothers, we're to train our children in the way they should go (Proverbs 22:6.), but exactly how do we do that? And who trains us?

Train Up a Mom provides moms with the guidance they need for training themselves in godliness. Drawing on the material she has developed from more than 30 years of raising her own children and ministering to other moms, Vollie Sanders teaches mothers:

- What it really means to train up a child
- How to claim God's promises for your children
- Practical ways to affirm your child's unique personality
- How to be a godly mother even when your kids aren't turning out as planned
- How to recognize life experiences as training for motherhood
- Ways to study your children by comparing them with biblical characters
- And much more!

Ideal for women's groups or and small-group Bible studies, [Train Up a Mom](#) helps mothers focus on God and entrust Him with the lives of their children.

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