

Meet Your Psychiatrist: He Gives You Real Life

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I. Introduction.

- A. Text: Romans 8:1-13.
- B. The secret of life is the Spirit of God.
- C. Life involves freedom from bondage.
- D. There are three shackles that keep people from the freedom God gives.

II. Guilt.

- A. When God laid out salvation, he never mentioned the law. From the beginning God's relationship to man was by grace.
- B. The law's purpose is to reveal sin. One cannot be saved until he knows he is a sinner.
- C. Conscience is the inward charge that condemns us when we do wrong.
- D. God dealt with the cause of condemnation--not just the symptoms.
- E. The saved man has God's life and the unsaved man does not. The difference is the Holy Spirit.
- F. We are at enmity with God if we are not saved.
- G. Every person has something they are embarrassed about, but there is no condemnation for the Christian.

III. Failure.

- A. Every Christian has one particular sin that bothers him or her.
- B. God wants us to have victory.
- C. Our old nature knows no law, and the new nature needs no law. (Romans 7)
- D. The Spirit of God wants to live through us.
- E. Through the Spirit we put to death the deeds of the flesh. We must trust the Spirit to kill those things we should not do and give life to those things that we should do.

IV. The fear of death.

- A. If we fear death we are not ready to live.
- B. We are not limited when the Spirit of God is in our lives. The Spirit will raise us on the last day.

Application questions:

1. How has God helped you to overcome guilt in the past? What did you learn?

2. How is the Spirit a solution to failure?

3. What should the Christian's response to the inevitable reality of death be? How can we encourage one another in this response?
