

# The Key to Good Things in Life Part 1

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I. Introduction. Text: Psalm 34.

II. God is the source of every good and perfect gift.

A. God is a good God by His very nature.

B. If God gave us the very best (His Son) we can only expect Him to give us other good things as well. (Romans 8:32)

III. The good things in life are not necessarily those things that make us happy—they are those things that fit into God's plan for us.

A. We should not define good things by how they feel in the moment.

B. Trials and suffering can be a good thing because of what results from them. (Romans 8:28)

IV. The key to the best things in life is seeking the Lord.

A. People do not come to God because they feel no dependence upon Him.

B. The key to good things is not seeking after them, but seeking after the Lord.

C. To seek the Lord means to hunger and thirst after deeper relationship with God. (Colossians 3, Psalm 41, 143:6, Isaiah 26:9, Psalm 37:4)

## **Application questions:**

1. How can a personal tragedy be a good thing?

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2. What does it look like to have intimacy with God? Explain.

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3. Memorize one of the following verses and write it below: Psalm 143:6, Isaiah 26:9, Psalm 37:4. What does this verse mean to you personally?

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